10. PROPERTY, PLANT AND EQUIPMENT

	Land and buildings – owned R'm	Fixed property – leased R'm	Improve-ments to leased premises R'm	Medical equip-ment R'm	Motor vehicles and other equip-ment R'm	Assets under con-struction R'm	Total R'm
Carrying value at 1 October 2018	5 822	580	1 019	3 351	554	917	12 243
Additions	299	–	96	600	102	896	1 993
Arising on acquisition of subsidiaries	–	–	–	40	–	–	40
Disposal of subsidiary	(35)	–	–	(3)	(1)	–	(39)
Disposals, scrappings or derecognitions	–	–	–	(8)	(15)	–	(23)
Transfers	308	(1)	149	498	126	(1 080)	–
Borrowing costs capitalised	7	–	–	–	–	–	7
Depreciation for the year	(168)	(27)	(145)	(729)	(167)	–	(1 236)
Impairment loss[1]	–	(103)	–	–	–	–	(103)
Effect of foreign currency movement	(1)	–	10	23	9	6	47
Carrying value at 30 September 2019	6 232	449	1 129	3 772	608	739	12 929
Comprising:							
Cost	8 012	870	2 215	9 403	1 618	739	22 857
Accumulated depreciation and impairment losses	(1 780)	(421)	(1 086)	(5 631)	(1 010)	–	(9 928)
	6 232	449	1 129	3 772	608	739	12 929

Refer note 21 for carrying amounts of assets held as security for interest-bearing borrowings.

A register containing the information required by Regulation 25(3) of the Companies Regulations, 2011 is available for inspection at the registered office of the Company.

[1] ***Impairment in Poland***

Regulatory changes impacted minimum employment costs in Poland primarily resulted in a R125 million impairment in the carrying value of the Polish investment in the Group's results during 2019, which was allocated to the following assets:

	R'm
Fixed property leased[2]	*103*
Computer software (refer note 11)	*22*

[2] *The property was impaired to the market value as independently determined by an external valuer using the direct capitalisation valuation methodology. The value is the present value of the future rental income discounted at a rate of 8.0%.*

The fair value hierarchy within which the fair value measurement of the lease property is categorised to, is included under level 3.

10. PROPERTY, PLANT AND EQUIPMENT continued

	Land and buildings – owned R'm	Fixed property – leased R'm	Improve-ments to leased premises R'm	Medical equip-ment R'm	Motor vehicles and other equip-ment R'm	Assets under con-struction R'm	Total R'm
Carrying value at 1 October 2017	5 241	627	825	2 952	483	1 003	11 131
Additions	354	1	49	567	118	1 035	2 124
Arising on acquisition of subsidiaries	6	–	6	52	18	5	87
Disposals or scrappings	–	(30)	(11)	(29)	(10)	–	(80)
Transfers	354	–	249	428	100	(1 131)	–
Borrowing costs capitalised	12	–	–	–	–	–	12
Depreciation for the year	(161)	(31)	(122)	(657)	(162)	–	(1 133)
Impairment loss	–	–	–	(5)	(1)	–	(6)
Effect of foreign currency movement	16	13	23	43	8	5	108
Carrying value at 30 September 2018	5 822	580	1 019	3 351	554	917	12 243
Comprising:							
Cost	7 429	873	1 991	8 532	1 500	917	21 242
Accumulated depreciation and impairment losses	(1 607)	(293)	(972)	(5 181)	(946)	–	(8 999)
	5 822	580	1 019	3 351	554	917	12 243